DID YOU KNOW UCP of LI...
Spends over 92 cents of every dollar on programs and services.

SUPPORT US

Catch Your Dreams!

There are many people, who believe that dream catchers have a broader meaning than just the legends related to dreams. For these people, dream catchers are good luck charms that represent good energy and help to neutralize bad energy — whether you're awake or asleep!

In our residential homes, our residents are learning new ways to express their artistic capabilities!

This type of creativity/craft assists with muscle dexterity, which for our individuals is important.
All of Janine's hard work paid off with this beautiful dream catcher. Great job, Janine!

HAPPY 4TH OF JULY!!!!

Our individuals were kept busy over the past few months as they sheltered at home.

Each home took on a very different interest everything from planting gardens, to demonstrating their skills in the kitchen to displaying their acts of patriotism by re-purposing old fencing to create these beautiful American flags!

What creativity and what better way to celebrate the 4th of July!
Volunteering can range from a few hours to a long-term relationship. To sign up or for further questions, please e-mail info@ucp-li.org.

Make a meaningful, long-term gift that will cost little or nothing now and can create income opportunities for you and your family.
Early Years of UCP-LI

As UCP-LI celebrates their 70th anniversary, we are proud to walk you down memory lane sharing a piece of our history thru these vintage pictures. Our journey began in September of 1950, when a group of parents looking for answers to their question about cerebral palsy and services for their children came together to form united Cerebral Palsy Association of Long Island. Today it has evolved into one of the most far-reaching and successful providers of services.
Thank you to Islip Town Councilman James O'Connor for highlighting the amazing work of staff and individuals in UCP-LI's Residential Program.

Click on the video below as Councilman O'Connor introduces Michal's delicious Quiche recipe!
Adult Day Zoom Fun!

As Covid-19 hit New York and subsequently shutdown the Adult Day Program, at UCP-LI, individuals haven't missed a beat, thanks to Rachel Breslin, UCP-LI's Recreation Director. Rachel quickly moved to offering classes via Zoom.

Rachel even spends time, one-on-one with individuals over Face Time. This translates to a very busy week for Rachel, sometimes seven to eight classes a day, she even finds time to talk to any individual who wants to, and there are many!

Rachel has 33 individuals who currently live at home that partake in classes and 70 individuals from UCP-LI's 31 residential homes.

Classes range from drawing to poetry classes, keeping individuals as active and as engaged as possible.

Some individuals are even teaching their own classes! Brian G, teaches Spanish to his peers, yes, you read that right and David F, has his own poetry class every Thursday!
It is truly remarkable, in the midst of a pandemic, what is taking place. Individuals, while being kept as safe as possible, are drawing, writing, and speaking as they adapt to the new normal.

Eventually, the UCP-LI Adult Day Program will return as leadership here at UCP-LI are diligently putting together plans for an August re-opening, but in the meantime I am sure you will agree that Rachel and our individuals are amazing!

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**ADA 30 YEAR ANNIVERSARY**

On July 26th, we celebrated Disability Independence Day, one of the most important milestones in the history of disability rights.

On this day in 1990, the Americans With Disabilities Act was signed into law, prohibiting discrimination and guaranteeing that people with disabilities have the same opportunities as everyone else in the areas of employment, public accommodation, public services, transportation and telecommunications.

This important day paved the way for access and equality in daily life fostering much needed changes to physical spaces, workplace accommodations, legal protections, and so much more.
CHILDREN'S CENTER FUN!

Our wonderful teachers and staff having a little summer fun as they waited for our children and their families to arrive to pick up their "summer packets". They even made their own video; having fun as they eagerly await the returns of the children to The Children's Center! Plans are in play for a September re-opening. We cannot wait to see their smiling faces as well!

Register today for our Gold Coast Invitational!
Register today for 5K Walk & Wheel!

IT’S NOT THE DESTINATION, BUT THE JOURNEY.

SAVE THE DATE
Please join us on our Walk & Wheel around the park, As we celebrate our 70th Anniversary!

October 3, 2020
5K Walk & Wheel
Register today for our 2020 Life Without Limits event!

LIFE WITHOUT LIMITS Gala HONORING Bethpage Federal Credit Union

SAVE THE DATE
THURSDAY, OCTOBER 29, 2020

Register today for our 2020 Handbag Bingo Event
SAVE THE DATE
COME JOIN US FOR SUNDAY BRUNCH AND
Handbag Bingo
NOVEMBER 15, 2020
12:00PM-4:00PM
THE HAMLET GOLF AND COUNTRY CLUB
1 CLUBHOUSE DRIVE
COMMACK, NY 11725

Register today for our "Lets Get Quizzy" event.
UCP of Long Island | 631-232-0015 | DEV@UCP-LI.ORG | www.ucp-li.org

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YOUNG PROFESSIONALS
2020 “LET'S GET QUIZZY!”

SAVE THE DATE

Thursday, December 3rd from 6pm – 10pm
at The Great South Bay Brewery ~ Bayshore, NY