What's better on a hot summer day than homemade ice cream sundaes!? And that is just how individuals in our Residential Program spent their day. We hear it was delicious! Who doesn't love ice cream on a June afternoon?? YUM! YUM! YUM!
Volunteering can range from a few hours to a long-term relationship. To sign up or for further questions, please e-mail info@ucp-li.org.

Make a meaningful, long-term gift that will cost little or nothing now and can create income opportunities for you and your family.
Children's Center Workout!!

On a beautiful summer day, The Children's Center held a Virtual Field Day with Coach Chris and staff. The children and staff had a blast!!
Michal's Summer Safety Tips!

Michal, one of our amazing individuals recently shared a video on his "Summer Safety Tips", which can be seen on UCP-LI's Facebook page. Michal, who is in quarantine, while social distancing, shared many tips that will help his fellow peers and you get through the summer safely!

1) Wear sunglasses, they protect you from the sun. 😊

2) Wear sunscreen, SPF 50 works the best to protect your skin.

3) When you're
Michal loves being outdoors and wants you to enjoy the summer, safely, of course! Thank you, Michal!

barbecuing, be careful of the hot flames and hot surfaces from the grill.

4) Don't forget to stay hydrated and drink water!

5) Use bug spray to keep those silly bugs away.

6) Don't leave children or animals in the car. The heat is too dangerous for them.

THANK YOU, HEROES!
Dear Friends,

Pause. Lock-down, stay home, stay safe.

Like all Long Islander’s, UCP of Long Island is preparing to “un-pause”. Our priority during this difficult time remains the same as it’s been for the past 70 years: the safety and well-being of the adults and children with disabilities we serve.

Throughout the pandemic, UCP provided the exceptional care we always provide to keep the individuals we serve safe. This crisis required many new procedures and protocols to be implemented for the protection of individuals and staff. And through it all, our heroic team delivered outstanding care and comfort.

This was especially clear in our Residential Program. On-site services at the Children’s Center and the Adult Day Programs were suspended, and supports offered remotely. But the 31 homes in our Residential Program remained operational and 225+ vulnerable individuals sheltered in place. Direct care staff enforced new protocols, checked temperatures, donned masks and gloves, and worked hours of overtime. Their commitment was, as always, unwavering. Perhaps hardest of all was the “no visitation” rule: parents and loved ones were unable to visit.

At a time when families sheltered together, UCP families trusted our direct care staff to keep their loved ones safe. UCP’s staff provided the highest levels of care during the most difficult of times.

Inside our homes, to alleviate fear, sadness and to manage stress, staff provided programs via Zoom, kept individuals socializing with their friends and loved ones, encouraged outdoor activities (including gardening), and so much more. They are our heroes.

Outside our homes, you will see freshly painted birdhouses hanging in trees, newly arranged colorful rock gardens, or “rainbows” in the windows – for those out seeking. More evidence that heroes work here...

UCP has always been grateful for our extended family. This includes YOU. Yet this time has been challenging...staff overtime, personal protective equipment and similar vital expenses have skyrocketed. These costs arrive at a time when our fundraising events have been postponed. Our need for your donations is great. Please take a moment and send your donation today.

UCP-LI turns 70 this year. This is not the celebratory year we had planned. But the health and safety of our individuals and staff; our constituency; and the heroic efforts of our team give us much to celebrate.

Thank you for continuing to support our mission of creating a Life Without Limits. We are in this together and we are thankful for you!

With deepest gratitude,

Camille A. Petramm
Director of Development and Public Relations

UCP of Long Island | 250 Marcus Boulevard, Hauppauge, NY 11788 | www.ucp-li.org

To learn more about UCP-LI or to make a donation today,
Please CLICK HERE

LINCOLN ROAD FUN!

Since the outbreak of Covid-19 and the subsequent quarantine which followed, the residents at Lincoln never let social distancing prevent them from staying in touch with friends and family. Thanks to our Direct Support
Professional's at UCP, who have been doing an amazing job at streaming recreational activities through the ZOOM application, from their now vacant day program, the residents at Lincoln have participated in group activities with their peers, ranging from art lessons to game activities and even second language classes.

When they are not "zooming", they are tending to the many gardens they hand constructed at the start of the quarantine. The individuals have already grown a variety of vegetables and flowers. In addition, they are creating a lot of artwork, not just on canvas but using fencing materials as well.

On nice days, the participants have been reading books with their staff on their back patios as well as with the recreational therapists, who have been reading to them over the phone.

Board games such as Chess and Word Trivia are played almost everyday, and although they miss their day habilitation programs, they have no problem passing their time during their extended stay at their residence.
Wherever they are, they always are having fun and learning some important life skills!

The Children's Center Graduations!

GRADUATION PARADES!

Congratulations to Kevin H and Christopher L on their 2020 graduations from The Children's Center! What an achievement! Parade's by UCP-LI staff, family and friends shows how much you both are loved! WAY TO GO!
UCP-LI is proud to serve children and adults with a wide range of disabilities.

Did you know that over
65 percent of the individuals we serve today have disabilities other than cerebral palsy?

Please join us in celebrating Tourette Syndrome Awareness Month.

SPECIAL ANNOUNCEMENT!

While we make our way through these uncharted territories, we want everyone reading this to know how truly wonderful our staff are, and the spectacular job they are doing to keep all of our individuals safe during these unprecedented times.

THE STAFF AT UCP ARE TRULY HEROES!!

WHAT'S EVENTS HAPPENING
SAVE THE DATE
Gold Coast Invitational
IN CONSOLIDATION WITH THE
2020 Golf Classic

Thursday, September 17, 2020
Cold Spring Country Club

IT’S NOT THE DESTINATION,
BUT THE JOURNEY.

SAVE THE DATE
To join us on our Walk & Wheel around the park,
As we celebrate our 70th Anniversary!

October 3, 2020
5K Walk & Wheel
Belmont Lake State Park, Babylon, New York
LIFE WITHOUT LIMITS
Gala Honoring
Bethpage Federal Credit Union

SAVE THE DATE
THURSDAY, OCTOBER 29, 2020

Details to follow!
Please call Karen Puritano 631-232-0011 ext. 452
for information.

SAVE THE DATE
COME JOIN US FOR SUNDAY BRUNCH AND
Handbag Bingo

NOVEMBER 15, 2020
12:00PM-4:00PM

THE HAMLET GOLF AND COUNTRY CLUB
1 CLUBHOUSE DRIVE
COMMACK, NY 11725
YOUNG PROFESSIONALS
2020 “LET'S GET QUIZZY!”

SAVE THE DATE

Thursday, December 3rd from 6pm – 10pm
at The Great South Bay Brewery ~ Bayshore, NY