SUPPORT US

DID YOU KNOW UCP of LI...
Spends over 92 cents of every dollar on programs and services.

MARCH IS NATIONAL CEREBRAL PALSY AWARENESS MONTH!

UCP of Long Island and millions around the world celebrated National Cerebral Palsy Awareness month in March. Since its inception, UCP of Long Island has been committed to advancing the independence,
productivity and full citizenship of people with disabilities by creating Life Without Limits, including cerebral palsy. On March 25th, UCP-LI celebrated "National Cerebral Palsy Awareness Day," as many around the world wore green in their showing of support and celebration!

FOLLOW US ON SOCIAL MEDIA!

Volunteering can range from a few hours to a long-term relationship. To sign up or for further questions, please e-mail info@ucp-li.org.

Make a meaningful, long-term gift that will cost little or nothing now and can create income opportunities for you and your family.

LEARN MORE

Please contact the Office of Development at 631-232-0015.

COVID-19 DONATIONS
COVID-19 is challenging the way we do things and our daily lives are suddenly much different. But during this crisis our important work continues on behalf of the hundreds of adults and children we serve. While our day programs are temporarily suspended, our residential programs are providing round-the-clock care. More than ever, we are able to provide comfort and peace of mind to families who are isolated from their vulnerable loved one.

UCP-LI’s highest priority remains the safety and well-being of those we serve, their loved ones, our caring staff, and our dedicated supporters. Our direct care staff have been working overtime, supporting families remotely and doing what is necessary to ensure needs are met.

We have always been very grateful for the UCP-LI extended family, and that includes you. Many caring friends have reached out to see how they can assist us now. The need for support is great -- several of our fundraising events have been postponed and we will need our friends more than ever in the weeks and months ahead. Our special events will return and we will gather together once again. But if you’d like to do something to help us today, please know your donation will have an immediate and significant impact.

With warmest thanks and best wishes for your health and happiness,

Your friends at UCP of Long Island.

SMILE!!

United Cerebral Palsy of Long Island stands to
fight against Covid-19 and “flatten the curve.” As we take the necessary precautions to keep everyone and their families safe, we are experiencing delays in getting personal protective equipment that is imperative in keeping our individuals and staff safe. We ask anyone who can donate medical supplies such N95 masks, gowns, goggles etc., hand sanitizer, disinfecting wipes/spray or anything to help in the fight against Covid-19, please email: cschramm@ucp-li.org.

THANK YOU and BE SAFE!
#wearemorethanourname

THANK YOU!

UCP-LI would like to say THANK YOU to our amazing DSPs and nurses. The COVID-19 pandemic, forcing the temporary closure of day and other programs offered by our agency, which serves individuals with disabilities across Suffolk County, has
not missed a beat. Our wonderful DSPs and nurses have relocated to our residential homes to make sure our individuals keep getting the care they have been accustomed to. We cannot say THANK YOU enough to our DSPs and nurses who everyday put a smile on our individuals.

#wearemorethanourname #staysafe

Credit: UCP-LI DSP & individual making a positive/uplifting sign outside one of our residential homes.

At UCP-LI, we thank and support the heroic workers on the front lines of this pandemic for New Yorkers with intellectual and developmental disabilities. We also encourage all to follow important safety tips to keep everyone safe. Below are some tips to keep you and your families safe.
Meet Michal!

ARTIST OF THE MONTH

Michal is a well-rounded artist, who holds many talents. He is a musician at heart and plays the electric keyboard with a passion. Michal can play “My heart will go on,” by Celine Dion on his keyboard in its entirety as well as several other songs. He has performed his musical talents with our in house musical group "The Sensations" at
Pilgrim State auditorium on several occasions.
When Michal isn’t performing on his keyboard, he’s painting abstract musical instruments and notes. Michal donated a ceiling tile with an abstract G clef on it to former CEO Steph Friedman, it proudly is displayed in our CEO office space. Michal is also fluent in three different languages (English, Spanish and Polish.) Michal was born in Poland and moved with his family to the United States when he was 11. He attended James E. Allen Jr./Sr. High School Western Suffolk BOCES prior to coming to UCP of LI. Michal is also an avid car enthusiast and his bedroom at his UCP-Residential home is filled with die cast models of his favorite cars.

The cars painted on his wall (Lamborghini, Audi, Ferrari and Bugatti) were all painted this year!

Michal is another amazing individual we are proud to have at UCP-LI!
Meet James

In The Spotlight:

"I have learned as much from the participants as they have learned from me."

-James

Perspective’s From An UCP Staff Member – by James B.

I started working at UCP as an assistant in 2003 without any prior experience working with anyone with a disability (aside from volunteering with the Special Olympics) and immediately felt like I wasn’t just earning a paycheck, but was making a difference in the lives of others while having fun doing so.

Over the years, I have learned so much from the amazing participants in the independent living program as well as residential services (which I started as a second job six months into starting at UCP.) I have learned that a disability does not define anyone and seeing first hand how the

"I am humbled and proud to be part of such an amazing program and I am happy to say that coming to my job each day is like being welcomed by my friends and family."

- James
individuals overcame their disability at times has even brought me to tears, seeing the human spirit shine through.

I have learned as much from the participants as they have learned from me and this was something I would never had expected when I was going through the interview process. I remember when I was first asked if I knew what “we do here” by the interviewer and I responded “I have no idea.”

After several years of working as an assistant, I was sweeping out a closet and came across a few old paintbrushes and some dried up paint. Along with it was an old pamphlet that said “UCP Brushstrokes,” I discarded the pamphlet but kept the brushes. I figured it was the remnants of some old defunct activity. I started painting with a few of the individuals with those brushes, and soon I saw a sense of freedom that came from expressing themselves through art.

At the time, it was just a few of our individuals interested in painting and we would go to the model apartment once or twice a week to paint for an hour or so. Soon the other participants saw the work that the artists were making and more joined the group. When there was too many participants to fit in the model apartment, I brought the art supplies into the program room and everyone soon routinely was starting to paint and discover what they were capable of doing. 17 years later, I am still working in the
independent living program and have seen the brushstrokes program come back to life at UCP.

I am humbled and proud to be part of such an amazing program and I am happy to say that coming to my job each day is like being welcomed by my friends and family.

**PSYCHIC THURSDAY EVENT!**

UCP-LI kicked off their first fundraiser of 2020 and what a great time it was at the BlueBlinds Mansion. We are so humbled to have such great people help make a difference in the lives of individuals so they may continue to live a Life Without Limits.

We would like to recognize and thank the BlueBlinds Mansion, The Psychic Sisters and all that helped make this event a major success!
SAVE THE DATE
GOLF CLASSIC

Monday, June 15th, 2020
HUNTINGTON COUNTRY CLUB
HUNTINGTON, NY

UCP of Long Island
YOUNG PROFESSIONALS
2020 “Let’s Get Quizzy”
TRIVIA NIGHT - OPEN BAR & FOOD

Wednesday, June 24th 6pm – 10pm
The Great South Bay Brewery ~ Bayshore, NY
Celebrating The Arts At
A Night In Monte Carlo

NEW
"Save The Date"
July 22, 2020

LARKFIELD
E. Northport, NY
SAVE THE DATE

Gold Coast Invitational

Monday, August 3, 2020
Cold Spring Country Club
Huntington, New York

To learn more visit:
www.ucp-li.org