

CANCER
PARKINSON'S DISEASE
DEMENTIA
OSTEOARTHRITIS
STROKE SURVIVOR
VISUAL IMPAIRMENT
ALZHEIMER'S DISEASE
ACQUIRED BRAIN INJURY
DEVELOPMENTAL DISABILITY
70 YEARS STRONG
CEREBRAL PALSY
TRAUMATIC BRAIN INJURY
MUTIPLE SCLEROSIS
AUTISM SPECTRUM DISORDER
SPINAL CORD INJURY
MENTAL ILLNESS
SEIZURE DISORDER
LEARNING DISABILITY
SPINA BIFIDA
COPD
HEARING IMPAIRMENT
WE ARE
MORE THAN
OUR NAME



January 2020 Newsletter at UCP-LI

UCP-LI Employment Connection

Dennis Pflieger A Special Sendoff!



After **33 years** of service, Dennis Pflieger retires.

Throughout his 33 years, Dennis has been providing vocational evaluations and work assessments and has been a main stay in the very productive Employment Connection Program.

Recently, Dennis has been providing job coaching in a more hands-on position in the Employment Connection.

The Employment Connection provides individuals hope and fulfillment of living a **Life Without Limits**. The Employment Connection helps individuals in conjunction with our coaches to disseminate valuable information and pointers on job search, including conducting career assessments, search for job openings, completion of online job applications, receive guidance and help preparing your resume, participate in webinars and recording and practicing job

"33 years at UCP, and I wouldn't trade one minute of it."

-Dennis





interviews on video.

Dennis during his 33 years of service helped businesses identify qualified workers of all types to meet their hiring needs and diversity guidelines.

Individuals with disabilities need satisfying and meaningful jobs that match their skills and interests. Dennis helped connect the two.

Dennis has established excellent relations with both his clients and counselors, who referred their clients to UCP-LI.

Compliments from both referral sources and clients poured in as news circulated that he was retiring. Such compliments as:

"I'm thankful to Dennis for helping me focus on the future with a positive attitude."

"Dennis is the best help I have ever received, he deserves a paid vacation for a year!"

"Dennis really couldn't have been more helpful and understanding of my situation. It's been a pleasure working with him."

UCP-LI wishes nothing but the best to Dennis in this next phase of his life!

Thank you Dennis!



SUPPORT US

DID YOU KNOW UCP of LI...

Spends over 92 cents of every dollar on programs and services.

FOLLOW US ON SOCIAL MEDIA!



WE LOVE OUR VOLUNTEERS

Volunteering can range from a few hours to a long-term relationship.

To sign up or for further questions, please e-mail info@ucp-li.org.

VOLUNTEER



Make a meaningful, long-term gift that will cost little or nothing now and can create income opportunities for you and your family.

[LEARN MORE](#)



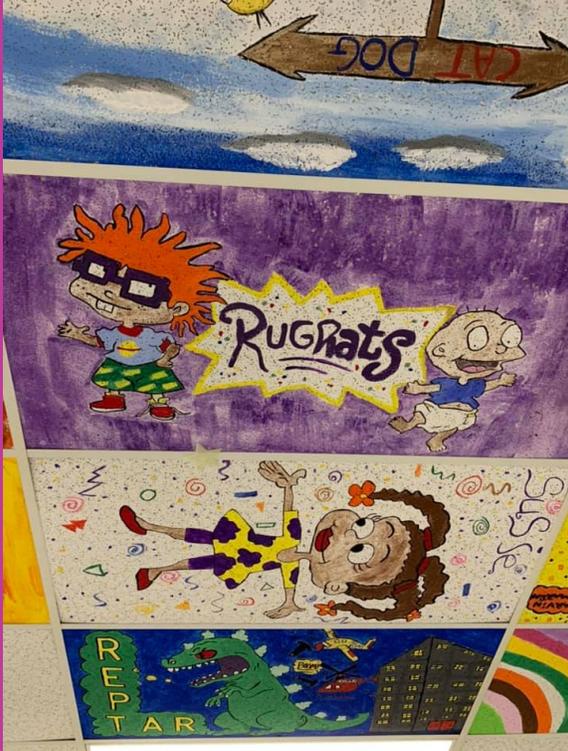
[DONATE](#)



Please contact the Office of Development at 631-232-0015.

AMAZING ARTWORK ALERT!

Earlier this year, Room 212 of UCP-LI's Adult Day Program won "Best Decorative Room!" Look at all these creative paintings and drawings! Congratulations!!! □□



70 YEARS STRONG!

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Through the generosity of the Elsie S. Bellows Fund, UCP is proud to be able to provide funds for affiliates toward grants to individuals with disabilities for assistive technology equipment/devices. This



program has assisted individuals to secure much needed technology that helps them to communicate, engage and live in the community.

UCP of Long Island is mindful of our rich history and proud of our 70 years of service as we look to the future as we celebrate **70 YEARS STRONG!**

Congratulations

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HISTORY!

Founded in 1949 by Mr. and Mrs. Leonard Goldenson, then President of United Paramount Theaters and ABC Television, UCP has been one of the country's leading organizations supporting children and adults with cerebral palsy and other developmental and intellectual disabilities and conditions. The national organization has been known for its influence, representation and advocacy efforts on legislative issues and as a respected resource for information and referral.

A network of sixty-four affiliates across the United States and Canada, provide thousands of individuals through all stages of life, necessary supports to live a *Life Without Limits*. Services include educational, vocational, residential, therapeutic, employment and support services

that are entrepreneurial and innovative.

One of the best ways to get involved is in your own community.

Our **MISSION** is to create a ***LIFE WITHOUT LIMITS*** for an individual with a disability based on removing barriers and offering opportunities. Each day through a wide range of programs, our amazing staff helps foster remarkable creativity from individuals with limited communication or physical abilities.

WE ARE PROUD TO CELEBRATE 70 YEARS!

Judith McCowan: Welcome!

UCP-LI announces new leader:

"Being able to impact someone's life in such an encouraging way is a gift and I feel very grateful to be in a position, which I am able to do that for individuals."

-Judith



UCP of Long Island names Judith A. McCowan as President and CEO. Judith comes to the agency with a wealth of experience and knowledge and we are excited to have her join our team!

The Board of Directors of United Cerebral Palsy (UCP) of Long Island is proud to announce the appointment of Judith A. McCowan as President and Chief Executive Officer.

"After the untimely passing of our former President and Chief Executive Officer, Stephen H. Friedman, we are fortunate to have someone of Judith McCowan's talent and experience step up to lead UCP of Long Island," said Thomas Pfundstein, Chair of the Board of Directors.

McCowan was the former CEO of UCP of Central Pennsylvania and comes to UCP of Long Island as a proven leader, recently being named the "2019 Game Changer" by the Central Penn





"We are fortunate to have someone of Judith's talent and experience step up to lead UCP of Long Island."

-Thomas Pfundstein, Chair of the Board of Directors.

*thankful
AND
grateful*

Business Journal in the category of "Most Admired CEO – Nonprofit." Before becoming the CEO of UCP Central Pennsylvania, McCowan was the CEO of Core Business Consultants, a consulting firm that works with struggling human services programs seeking transformational change.

A Maryland native, she comes to UCP of Long Island with 30-plus years of non-profit leadership experience and know-how in the fields of early childhood, education and disability services. McCowan, having grown up with a sibling with disabilities, knew at a very young age that she wanted to be an advocate for people with disabilities and work to enrich their lives and a live a life without discrimination. McCowan wanted all people with disabilities to live a fully productive life. UCP of Long Island is honored to have McCowan join our team to create a life without limits for individuals with disabilities.

McCowan has a master's in business administration from Philadelphia's Drexel University and a Bachelor of Arts in education from International Seminary in Branford, Fla., as well as master's-level certifications in advanced contract management.

"I look forward to working with the community and businesses of Long Island to help increase the visibility and promote the mission of this outstanding and vital organization. Being able to impact someone's life in such an encouraging way is a gift and I feel very grateful to be in a position, which I am able to do that for individuals," said McCowan.

Flower Child

ARTIST OF THE MONTH

Love and peace are themes often found in Amanda's work. Since starting to paint in UCP of Long Island's Brushstrokes Program, Amanda has incorporated hearts, peace signs and flowers. She has experimented with graffiti art but soon grew a passion for painting psychedelic art, a type of iconic art which took root in the 1960's. Amanda likes to paint VW buses as well, which can be seen below.

Someone unfamiliar with Amanda might confuse her for a flower child of the 1960's if they had only seen her stunning artwork and not met her. Her peers at the program joke around with her that she was born in the wrong era.

While her work is reminiscent of another time, she is very into current trends in pop culture and the pop art scene.

Inspirations:

Love & Peace

-Amanda

Amanda listens to Taylor Swift and Carrie Underwood in her free time and enjoys the company of her cats. She is a frequent visitor to the Huntington Art League with her independent living program and she loves the rotating exhibitions.

As she blossoms like her artwork at UCP-LI, we can't wait to see what she "plants" next.





Joey Does It All

In The Spotlight

"I love it here!"

-Joey

Joey, always with a smile on his face, strolls in with a certain conviction. A confidence that is easily detected.

Having been at UCP of Long Island since 2001, he is one of the individuals that everyone knows. His smile lights up a room, and when he speaks, his voice attracts attention.

Joey who doesn't shy away from his disabilities, actually turns them into a positive.

While some individuals have others take control of their doctor appointments, Joey is the captain of his own ship.

"I make all my appointments," says Joey. "I call and talk to my doctors, I make appointments online, I advocate for myself," Joey goes on to say.

When he is not on the phone taking care of his health. Joey has a wide variety of hobbies.

"I love going to the movies, going out to dinner with my mom, and going to church," Joey says.



It doesn't stop there. Joey leads a very busy and active life. From holidays to celebrations to vacations.

"I enjoy Christmas and going to weddings as well. I go with my aunt, uncle and cousin," Joey says with a smile.

"I also love cruises. I have been to Bermuda and the Bahama's. I go with my mom and my good friend," Joey adds.

Having been with UCP of Long Island for almost 20 years, Joey enthusiastically says, "I love it here!"

He has many things he enjoys at UCP. Besides the friendly faces he sees, and the friendship with his peers, he gets to relax and gets some "me time."

"I really like to go on my iPad and check my e-mail and go on Facebook," Joey says.

Joey also looks forward to every April, where he goes on an annual retreat.

"We go to Centerport, for four days and I get to play, eat, socialize with people with disabilities like me. It is a lot of fun," Joey says with another smile from ear to ear.

Joey is one-of-a-kind. You need to meet him to truly understand the positive vibration he gives off. Whether it's cruising to Bermuda or watching a movie with his mother, Joey lives *Life Without Limits*.





UCP of Long Island Teams Up With The Patchogue Theatre For Artist Appreciation Event

United Cerebral Palsy (UCP) of Long Island is proud to announce a partnership with The Patchogue Theatre highlighting the Inaugural Art Appreciation Event to be held the month of February at the theatre

located at 71 East Main Street, Patchogue, NY.

“I am extremely excited to be teaming up with The Patchogue Theatre and the Patchogue community to promote UCP of Long Island’s amazing and inspirational artistry, hand-crafted and painted by our incredible individuals,” said Judith McCowan, President and CEO of UCP of Long Island.

For the entire month of February, paintings created by UCP-LI’s Individuals in the Adult Day Art Program will be available for viewing to the public at the historic Patchogue Theatre, right in the heart of The Patchogue Village.

The Patchogue Theatre, a non-profit organization that enriches, educates, and entertains a diverse audience by cultivating and showcasing a broad variety of performing artists has been open for business since December of 1998. “It is an honor to join UCP of Long Island as a community partner to showcase the outstanding artistry work from their talented individuals,” said Gary Hygom, Executive Director of The Patchogue Theatre.

The Patchogue Theatre will feature a total of 19 artists in the exhibit with 36 pieces of work to be viewed outside their famous auditorium.

To highpoint the month long event, on Wednesday, February 26, The Patchogue Theatre, in conjunction with UCP of Long Island, will host a special night highlighting the exhibit and our talented artists.

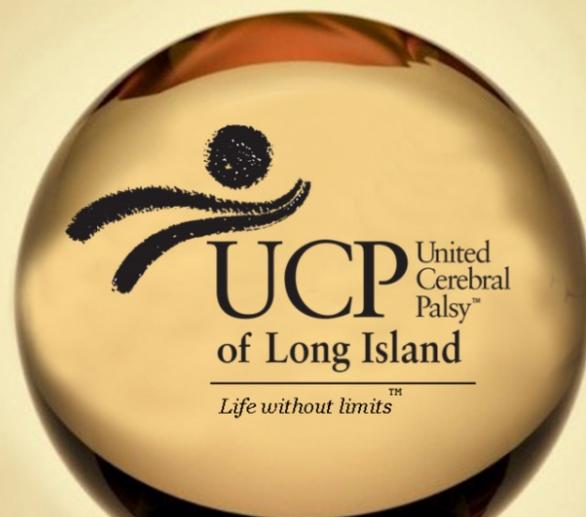
Attendees will be shown the uniqueness of the paintings created by individuals with disabilities in UCP-LI’s Adult Art Program. This program was introduced to help them strengthen their fine motor-skills, relieve tightness caused by Cerebral Palsy, Arthritis & other conditions.

With every stroke of the brush, UCP-LI’s artists demonstrate their skills. Each artist embraces his or her unique talent, using adaptive tools when needed & exploring unconventional techniques such as painting with bubble wrap, chopsticks, Brillo, chicken wire, among others.

The end result is always something beautiful & special. The arts build relationships and “open doors” as UCP-LI’s artists participate in events throughout the Long Island community where they can sell their work & showcase their many abilities.

UCP of Long Island provides residential care in 31 homes across Suffolk County, serving two residential homes in the town of Patchogue.

Psychic Thursday 2020



With the
Psychic Sisters

MARCH 5th

6PM-9PM

(Doors open at 5:00)

\$50 PER PERSON

**Refreshments Served
& Cash Bar**

**The Blueblind 's Mansion
120 Edgewood Avenue
Smithtown NY 11787**

To purchase tickets:

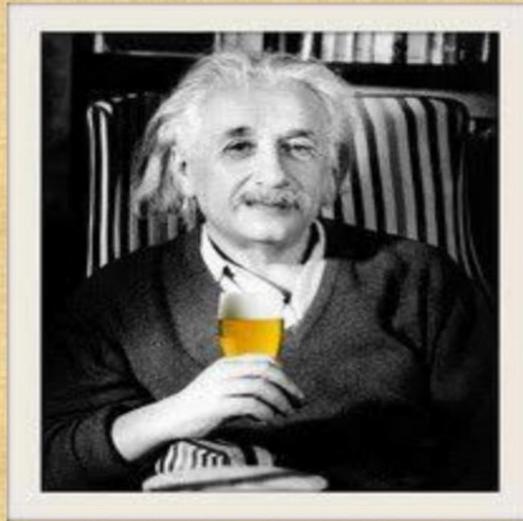
Courtney Scully · 631.232.0011 ext. 402 · cscully@ucp-li.org
www.ucp-li.org

Register online \$50.00 plus \$4.00 processing fee: <https://specialevents.ucp-li.org/psychicthursday>

FOR QUESTIONS REGARDING NON-PROFIT ORGANIZATIONS CONTACT:
CHARITIES.BUREAU@AG.NY.GOV OR (212) 416-8401



YOUNG PROFESSIONALS 2020 "LET'S GET QUIZZY!"



Thursday, April 9th from 6pm – 10pm
at The Great South Bay Brewery ~ Bayshore, NY

\$85 Per Person
4 Hour Open Bar & Food
Trivia Night

To purchase tickets:
Courtney Scully 631-0011 ext.402
cscully@ucp-li.org

Register online \$85 plus professing fee <http://specialevents.ucp-li.org/letsgetquizzzy>

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Celebrating Art, Music & Fashion

A Night In Monte Carlo



04.22.20

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HEALTHCARE IMPAIRMENT



SAVE THE DATE GOLF CLASSIC

Monday, June 15th, 2020
HUNTINGTON COUNTRY CLUB
HUNTINGTON, NY

To learn more visit:
www.ucp-li.org

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